



Jane Franklin Dance

IMMEDIATE RELEASE!!
October 27, 2005

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WHAT: DANCE FESTIVAL, "Dance Sampler"
WHO: JANE FRANKLIN DANCE with
Ziva's Spanish Dance Ensemble, Ann Behrends, CJ Holm, FloydProject
Dance Company, Andy Coppola, and danahbella DanceWorks
WHEN: SATURDAY, JANUARY 7, 2006,
Workshops begin at 10:00 am; Performance begins at 8:00 pm
WHERE: GUNSTON THEATER ONE, 2700 South Lang St., Arlington, VA
TICKETS: \$25 festival pass for unlimited workshops and performance;
\$10 for single workshop; \$15 for the evening performance only
Tickets are available at the door or online at www.janefranklin.com.
INFO: Call 703-298-3235 (Jane Franklin Dance)
www.janefranklin.com for reduced price tickets

“Dance Sampler”

Arlington, Virginia – JANE FRANKLIN DANCE presents a day long festival of workshops culminating in an evening performance on Saturday, **January 7, 2006**. The diverse array of workshops, for all ages and levels of experience, are led by the evening's featured choreographers. The festival takes place at Gunston Theater One, 2700 South Lang Street, Arlington, Virginia.

Workshop Schedule:

- 10:15 – 11:05 Young Dancers** for ages 7-14 dance technique and creative problem solving
- 11:05 – 11:20 Cake Walk** musical chairs with a cake
- 11:30 – 12:25 Anti-Leotard Adult Beginners** you don't have to be thin, female, in shape, proficient or agile, for those who want to experience the joy of moving with others
- 12:30 – 1:20 Non Movement, Performance Sculpture and Growth Outward to Movement**
exploration of the human form as an object
- 1:30 – 2:20 Injury Prevention and Self Treatment Techniques for Dancers and Athletes** includes a Feldenkrais lesson, stretching, pain relief techniques, and treatment advice
- 2:30 – 3:20 Jazz Fusion** combines and blends elements of jazz, modern, ballet, and urban movement into an upbeat and stylized dance form
- 3:30 – 4:20 Flamenco** this workshop is perfect for teens and adults of all levels of dance and includes basic footwork, culturally specific arm movements, and rhythmic hand clapping (*palmas*)

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The 8:00 PM "**Dance Sampler**" concert features **Ziva's Spanish Dance Ensemble** in the flamenco inspired "Thunder," **Ann Behrends** "(k)NOT UNDONE" exploring the pull to experience freedom, **CJ Holm** in "Landed" a 'miniature' in movement. Host company, **Jane Franklin Dance** presents "Labor Day" with poetry by David Bristol and music by Andrew Simpson/Maurice Saylor. **FloydProject Dance Company** dances the jazz fusion "Acceleration." **Andy Coppola's** "i obJect" explores the human form as a living sculpture. The Richmond-based performance artist made the news, a few months back, by getting arrested for walking across the Lee Bridge in the psychedelically patterned power mesh body suit worn in this duet. **danahbella DanceWorks** performs the modern dance "...a notorious absence of rigor (H)e said."

Jane Franklin Dance has been presented at the Kennedy Center Millennium Stage, Clarice Smith Performing Arts Center, Dance Place, Grace Street Theater, Old Dominion University's Choreographers' Showcase, Richmond's "Yes, Virginia-Dance!" and other state and regional venues. Collaborative projects with poetry, live music, community participation and visual art have received funding in multiple years. Outreach includes educational performances and workshops for Young Audiences, Montgomery County Public Schools and for Arlington's Humanities Project. A STAR Award recipient for "Outstanding Community Outreach," JFD's ongoing projects include *Concert for Community* for Senior Adult and other community groups and *Young Dancers Project* for youth ages 7-14. **Jane Franklin Dance** has been recognized by Metro DC Dance Awards, Virginia's Governor's Award for Excellence in the Arts and the company tours for the Virginia Museum of Fine Arts Paul Mellon Arts in Education Program and the Virginia Commission's Tour Directory.

Ann Behrends took her 1st dance classes at the age of 28 in a small Florida town. When circumstances relocated her to Washington, D.C. she was disappointed, thinking she would never get the chance to perform in such a big city. who knew?? In the seven years since, Ann has danced with CityDance Ensemble, Tony Powell/Music & Movement, Crossroads Dance companies. Ann currently performs with JazzDanz/dc, Tommy Parlon and Airdance Bernasconi (an aerial company based in Baltimore). In the light of day Ann is an orthopedic physical therapist and Feldenkrais practitioner.

danah bella has performed and present work throughout the nation as well as in Mexico and Canada. She has been privileged to be a part of Santa Barbara Dance Theatre, Alleluia Panis Dance Theatre, Pearl Ubungen Dancers & Musicians, and Umoja Dance. In addition to her efforts as Artistic Director of **d a n a h b e l l a DanceWorks**, she is also a member of Dancing Earth, Sonneblaua Danscz and is a professor in Radford University's Department of Dance.

Andy Coppola is a sculptor, creating living sculptures and performance work involving the body viewed as object. Andy recently relocated from Orlando, FL to Richmond, VA, where he has worked in collaboration with Starr Foster Dance Project.

CJ Holm is a dance artist, techie, and educator native to the Baltimore/Washington area. Her choreography has been presented by Dance Place, Joy of Motion Dance Project, and The Field/DC. She has performed locally with Word/Dance/Theater, Lesole's Dance Project, Catscratch Theater, Ed Tyler, and Mason/Rhynes Productions. She serves on the technical staff for Dance Place and the American Dance Institute. CJ teaches dance and composition in the Teen Exchange program at Liz Lerman Dance Exchange.

Debra K. Floyd's work has been presented at Jack Guidone Theatre, Robert E. Parilla Performing Arts Center, and F. Scott Fitzgerald Theatre. Trained in American Sign Language, she has often incorporated this communication form into her choreography. Debra is currently the Artistic Director of FloydProject Dance Company, and all women's dance ensemble focused on supporting and empowering women.

Ziva's Spanish Dance Ensemble has received honorable praise since the company was formed in 1995. Ziva integrates regional Spanish folk dances with modern movement. The company has received outstanding reviews from [The Washington Post](#) and was selected to choreograph for The Washington Ballet's 2001 and 2003 repertoire. In 2002, Ziva choreographed "Silk Road Project" that was sponsored by the Washington Performing Arts Society (WPAS).

Jane Franklin Dance is supported in part by Arlington County through the Cultural Affairs Division of the Department of Parks, Recreation and Community Resources and the Arlington Commission for the Arts; by the Virginia Commission for the Arts and the National Endowment for the Arts, by Alexandria Commission, Arlington Community Foundation, Washington Forrest Foundation, William D. Euille Foundation, the Virginia Museum of Fine Arts Paul Mellon Arts in Education Program and by individuals. ---End---